

# 2022 OOD FIELD STAFF RETREAT

## AGENDA



Team  
Stanford

2022 FIELD STAFF RETREAT

Building off last year's retreat focused on donors and content, we'll train as **#TEAMSTANFORD** to amplify our campaign skills.

### 9 – 9:45 a.m.



#### Setting Up Your Day

Choose one of these curated sessions or simply use this time for your commute or to prepare for the day.

*Program starts promptly at 10 a.m.*

#### BeWell's Best Stretch Ever Session (all levels)

Join colleagues in a welcoming 35-minute stretch session led by BeWell instructor and Sr. Manager of Stanford Healthy Living, Dominique Del Chiaro, Me.D.

#### Stanford Mini Walking Tour

Discover the beauty of Stanford's campus led by our seasoned guide, Ceci Evangelista.

#### Breakfast Meet-Up

Reconnect with colleagues, old and new, over coffee and a light grab-and-go breakfast.

### 10 – 11:30 a.m.

**Warm-Up:** *Find your voice and navigate creative solutions as we communicate the campaign*

**Keynote Speaker: Adam Banks (GSE),  
Faculty Director, Program in Writing and Rhetoric**

### 11:45 a.m. – 12:15 p.m.

#### Coach's Remarks

Jon Denney helps us game plan our campaign strategy.

### 12:15 – 1:15 p.m.

#### Refuel + Connect (LUNCH)

### 1:15 – 2 p.m.

#### Sustaining Your Effort & Pace:

*Tips on preventing mental burnout and digital detoxification*

**Keynote Speaker: Anna Lembke, PhD**

### 2 – 2:55 p.m.

#### Q&A on Collaboration, Teamwork, and How to Win a National Championship

With questions curated for a field staff audience, Stanford Women's Golf coach, Ann Walker, and Stanford Women's Water Polo coach, John Tanner, share insights on collaboration, teamwork, and a winning mindset. **Moderated by Fred K. Smith.**

### 3 – 3:45 p.m.

#### Cool Down

*Q&A with OOD Executive Team moderated by Jon Denney*

### 4 p.m.

#### Pub Trivia + Happy Hour

End the day with a fun opportunity to connect with colleagues and win prizes.



### Field Staff Retreat Planning Committee

#### Co-Chairs:

Rebekah Rohrbach (UMG)  
Johnathan Eaglin (GSE)

#### Planning Committee:

Kelly Beals (DAPER)  
Wendy Chou (PG)  
Nick Heinzen (Earth)  
Vani Kane (MCD)  
Julie Mitchell (SLS)  
Brian Perlmutter (MCD)  
Shilpi Tiwari (TSF)  
Fred Tomlin (MCD)  
Nirit Hazan (OL&P)  
Shannon Ramirez (OL&P)

#### Executive Sponsor

Amy Wilson (Office of VP)